

CONNECTING HOPE

UNITING FOR YOUTH



COLLECTIVE
STEP
FOR YOUTH



2018 FOURTH ANNUAL
ADOLESCENT SUMMIT
FEBRUARY 28, 2018

WELCOME

On behalf of Collective STEP for Youth, it is my pleasure to welcome you to the Fourth Annual Adolescent Summit – *Connecting Hope: Uniting for Youth*. Today, the room is full of hundreds of people who care about improving the lives of youth. And we're all better because of that commitment.

From the very first Summit in 2015, the focus has been convening individuals for a day of inspiration, information, and connection. With that in mind, your planning committee has high hopes for your experience today.

- **INSPIRATION:** Youth need a caring adult, and whether we're that caring adult or we empower that caring adult, we can all be reminded why we do what we do and ultimately, why it matters.
- **INFORMATION:** Programs need skilled, invested individuals serving youth, so you need access to stimulating, topical content that you can apply in your daily work to make it easier, better, or more impactful.
- **CONNECTION:** You need support from a strong community network that re-energizes and leaves you feeling a little less challenged by the emotionally demanding and significant work you do.

I'm sure it will come as no surprise if I acknowledge the recent challenges many of us have faced in our efforts to enhance the health and wellbeing of youth. Youth-serving organizations are facing many changes to the resources and support needed to do the incredibly challenging, but enormously rewarding, work of serving youth and their families. To continue making progress, we must stand together and keep the focus of our efforts on the youth we serve.

Collective STEP for Youth is dedicated to building the capacity of our partners in ways that best meet your needs and the needs of the youth you serve. We don't know what the future will look like, but we know that the brainpower and passion in this room is beyond what any of us has individually. Tell us what you need, tell us what works, and we'll do what we can to continue supporting you – and all of us will continue supporting each other – as the times and your needs evolve.

Thank you for attending and participating in this year's Summit. Collective STEP for Youth is honored to work alongside you in our shared commitment to collectively enhance adolescent wellbeing. Throughout the day, I encourage you to foster your network, share your expertise, and inspire your colleagues to unite for youth.

TRACY PEDROTTI

Program Manager, Collective STEP for Youth
Maricopa County Department of Public Health



AGENDA

7:00AM - 8:00AM	Networking Breakfast Buffet & Registration Packet Pick Up
8:00AM - 8:15AM	Welcoming Remarks
8:15AM - 8:45AM	Opening Ceremony: Drum Café West Coast
8:45AM - 9:45AM	OPENING KEYNOTE: CALVIN TERRELL
9:45AM - 10:00AM	Break, Network & Visit with Exhibitors
10:00AM - 11:30AM	Breakout Sessions
11:30AM - 12:15PM	LUNCH WITH PSA ART AWAKENINGS
12:15PM - 1:45PM	Breakout Sessions
1:45PM - 2:00PM	Break, Network & Visit with Exhibitors
2:00PM - 3:30PM	Breakout Sessions
3:30PM - 4:15PM	CLOSING KEYNOTE: JESSICA RUBIO
4:15PM - 4:30PM	Closing Remarks, Drawing & Evaluations



KEYNOTE SPEAKERS



CALVIN TERRELL

Calvin Terrell is founder and lead Equity Coach of Social Centric Institute, an organization designed to educate and train all ages to enhance human interactions for global progress. He is former Assistant Director of the National Conference for Community Justice/ Anytown USA Arizona Region and has taught for Upward Bound at Arizona State University. For more than twenty years, Calvin has led comprehensive workshops for valuing diversity, equity and justice building in schools, corporations and civic organizations for thousands of adults, children and youth throughout the USA. In 2000, Calvin was awarded the City of Phoenix Martin Luther King, Jr. "Living the Dream" award for his dedication to human rights. Calvin's reputation for sustainable impact has afforded him collaborative venues with Chief Justice Sandra Day O'Connor, Janet Napolitano and prompted Harpo Inc., Oprah Winfrey's production company, to seek him out to provide justice seminars for Harpo employees and equity coaching. Calvin is an educator/healer at his core. His techniques are engaging, relevant to all populations, multidisciplinary and integrate modern advances of technology/research partnered with ancient arts of storytelling and visualization. Calvin's greatest motivations are his marriage of 25 plus years, four children, faith and service.



JESSICA RUBIO

Jessica Rubio was born and raised in Santiago de Querétaro, Mexico. At the age of 14, she relocated to Phoenix, Arizona. Jessica became a neighborhood organizer in 2011 after experiencing the deportation of her brother. Over the years, Jessica has worked in different national and local campaigns as well as nonprofit organizations focused on creating a more just and equitable society. Jessica graduated from Grand Canyon University in 2015 with a Bachelor's Degree in Secondary Education with emphasis in Math and Business Administration. She worked at the Center for Neighborhood Leadership, where she created the Academic and Leadership Accelerator for Service (ALAS) Program. Through this program, Jessica prepared first generation and low-income students with the knowledge, skills and attitudes to become successful lifelong learners and future community leaders. After working with a political consulting firm for a year in Washington D.C., Jessica became one of the state coordinators at Mi Familia Vota. Overall, Jessica believes that by expanding access to higher education, increasing the number of people civically engaged and opening avenues to professional development, we will form the foundation of personal success and community empowerment.

BREAKOUT SESSIONS

CONTINUING THE CONVERSATION

(10:00-11:30AM ONLY)

In this session, participants will continue the journey with Calvin through a series of questions and answers. The goal of this session is to engage participants in experiential learning and provide them with additional information for them to walk away from the experience empowered with knowledge to be confident change agents.

ROOM: Black Canyon Ballroom

PRESENTER: Calvin Terrell

ART THERAPY: CREATING SPACE FOR HOLISTIC CARE

In this session, participants will learn the fundamental tenets of art therapy, and explore how providers can foster culturally-grounded, non-judgmental and self-affirming processes in art therapy. We will provide an overview of art therapy, common goals for youth in art therapy and review continuum of materials/modalities often used. The presentation will include an art activity.

ROOM: Sonoran Ballroom

PRESENTED BY: PSA Art Awakenings & Youth Intake and Service Center

CAUGHT BETWEEN THE AMYGDALA & A HARD PLACE: HOW ACES & TRAUMA IMPACT YOUTH

In this session, participants will learn about Adverse Childhood Experiences (ACEs) that can profoundly change the otherwise healthy development of an adolescent. Participants will recognize responses to trauma and how they can counteract these responses with trauma informed strategies that support the youth and their development.

ROOM: Arizona Room

PRESENTED BY: Maricopa County Education Service Agency (MCESA)

IN THEIR SHOES

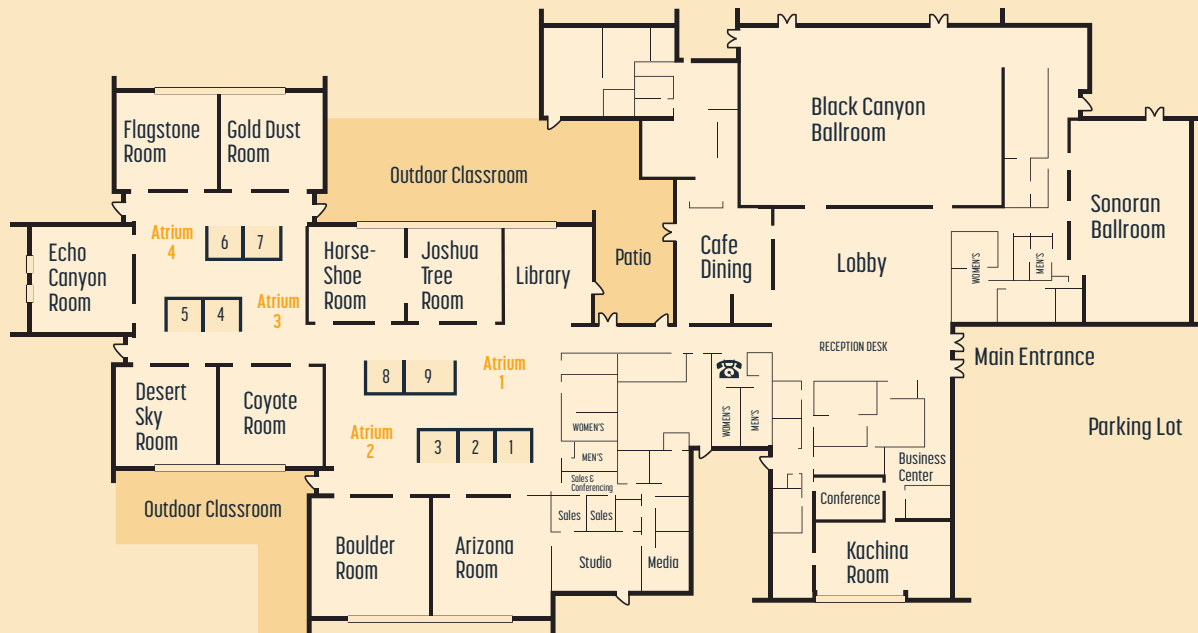
In this session, participants will go through an activity that allows them to walk in the shoes of a victim in an abusive dating relationship. Participants will also learn how to facilitate this activity with the youth they serve. Participant discretion is advised due to the subject matter content.

ROOM: Boulder Room

PRESENTED BY: Kaity's Way

INFORMATION

BLACK CANYON CONFERENCE CENTER



MEET THE PLANNING COMMITTEE

Amy Fernandez

TOUCHSTONE HEALTH SERVICES

Angie Lorenzo

ARIZONA DEPARTMENT OF HEALTH SERVICES

Felicia Nelson

MARICOPA COUNTY EDUCATION SERVICE AGENCY

Grant Yoder

ASU, SOUTHWEST INTERDISCIPLINARY RESEARCH CENTER

Heather Lynn

OMBUDSMAN EDUCATIONAL SERVICES

Izaiah Lopez

STEP YOUTH STEERING COMMITTEE MEMBER

Jamie Aragon

PLANNED PARENTHOOD ARIZONA, INC.

Jennifer Rauhouse

PEER SOLUTIONS

Kirby Hurlbut

A NEW LEAF

Nemesis Salazar

STEP YOUTH STEERING COMMITTEE MEMBER

Reginald Williams

MARICOPA COUNTY DEPARTMENT OF PUBLIC HEALTH

Sonia Ruiz

TOUCHSTONE HEALTH SERVICES

Teresa Simone

PLANNED PARENTHOOD ARIZONA, INC.

MEET THE COLLECTIVE STEP FOR YOUTH TEAM

Ashley Suarez

PROGRAM SUPPORT SPECIALIST

Eileen Aguilar

PROFESSIONAL DEVELOPMENT COORDINATOR

Tracy Pedrotti

PROGRAM MANAGER

ABOUT THE SUMMIT HOST

STEP HIGHLIGHTS SINCE JULY 2015

PROGRAM



2,312

Adolescents who have completed **Draw the Line/ Respect the Line or Making Proud Choices** programming

*"The program was **amazing!** Thank you so much for coming in and teaching me how to stay safe and protect myself."*

139

Partners and project staff trained in **at least one of two evidence-based teen pregnancy prevention interventions**

45%

Increase in knowledge in **7th and 8th graders who completed the program**

PROFESSIONAL DEVELOPMENT



2

Summits held with **over 450 total participants** who gave feedback such as...

*"The Summit was **powerful** and the networking and resource fair were **valuable**. I was also impressed with the organization of the Summit. This is how every conference should be in regards to **quality** of content and organization."*

347

Number of participants who have attended **at least one of twelve professional development opportunities** on topics such as adolescent brain development, messaging successes and bullying prevention

COALITION



50+

Active agencies and community members involved

19

Sectors identified as **areas of focus** by the coalition, serving as a tool to identify agency representation

93-100%

Of coalition members either **"Strongly Agree"** or **"Agree"** with the following statements:

- I feel the content/topics covered in this meeting can be applied in my work
- I believe we can improve the wellbeing of Maricopa County adolescents

THANK YOU TO OUR SPONSORS



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LOOKING BACK
2016
SUMMIT

